



SPWC Happenings

GFWC St. Petersburg Woman's Club



November 2023

President's Message

Better Together

What a wild and wonderful last few months! Our club continues to serve our community and we are on the threshold of our annual Fundraiser.

Our new website is LIVE! There are still a few kinks to work out, but we are pleased with the new updated look and easy to navigate links. Because it is live, we can now reserve our place at our November fundraiser, and renew our Club Dues, online, using a **credit card**. Thank you to all the helpers we had, especially Nancy Howard and Linda Morgan.

This month at **November 10th's** General Meeting, our annual proposed officers will be presented and elected by our general membership. Nominations can be made from the floor, but the person nominated must agree to accept the position prior to that time. Our nominating committee led by Gail Brazzell has done a great job filling our open positions with nominees. Many thanks to everyone.

In case you haven't noticed, the landscaping that was killed by the saltwater intrusion from Hurricane Idalia, has been replaced. It looks wonderful and our new brides can be proud as they walk down the brick sidewalk. Thank you to Linda Morgan and the Daily Operations team.

Stuffed animals continue to come in... thanks to all! The Children's Advocate Response Team will be happy to see our commitment to helping in very stressful situations.

It's good to see our members volunteering in so many diverse ways...beach cleanups, preparing meals, participating in the Honor Guard for our Vets, providing school supplies to Campbell Elementary, donating time to the community. It is truly heart-warming. We have such a generous group of ladies and I appreciate you all.

On the **November 10th meeting**, be sure to take a stocking for Sallie House, or a backpack for Brookwood, or both. We need 50 stockings and 30 backpacks filled for Christmas. We will need all your help. Next month, we will return those to the Civic Engagement CSP ladies who will be sure they are delivered to the appropriate facilities prior to Christmas. These will make a lot of children and teens happy. Also, next month (December) will be our Christmas Party and Installation of new officers. Please bring your favorite dessert and mark your calendar. Our meeting on **December 8th** will start at noon instead of our normal 1:00 pm.

Thanks again to everyone for all your efforts and help.

Cathy Allen

OUR NEXT GENERAL MEETING

Friday, November 10, 2023
Hosted by Civic Engagement CSP
Elections
Call to Order at 1:00 pm



2023 Officers

President ~~ Cathy Allen
Past President ~~ Liz Coerver
VP Programs ~~ Barbara Sundholm
Membership ~~ Marianne Snyder
Daily Operations ~~ Linda Morgan
Fundraising ~~ Gail Brazzell
Capital Expenditures ~~ Oneita Tinsley
Recording Sec ~~ Judy Hunt
Corr. Secretary ~~ Cheryl Freeburg
Treasurer ~~ Beth Timberlake
Bookings Treasurer ~~ Linda Morgan
Evening Group ~~ Cindy Stokes
Publicity ~~ Judy Zamanillo
Social Director ~~ Liz Pacheco
Editor ~~ Carolyn DeFreitas

2023 CSP Chairpersons

Arts & Culture ~ Mary Beattie
Civic Engagement ~ Carol Tillis
Education & Libraries ~ Nita Deason
Environment ~ Evelyn Nakelski
Health & Wellness ~ Joyce Sterling





Membership

Marianne Snyder, VP; Roseanna Costa, Assistant
Marilyn Lanctot, Assistant
Deborah Burke, Mentor Program

We now have **203** members, which includes **24 new members** for this year. Our October general meeting was attended by 45 members and 4 guests.

DUES for 2024 are \$75. and will be due before the end of the year. Checks can be made out to SPWC. However, if you would like your name in the directory they must be **PAID by NOVEMBER 30th**. Dues **MUST** be given to me personally or placed in the membership mailbox in the library.

Our next general meeting will be on **Friday, November 10th at 1:00**. The **new / prospective member meeting** will be held 1 hour prior to the general meeting and will be every other month – September, **November**, January, March and May - so hopefully I'll see you on **November 10th at NOON!** You are welcome **to attend as many times as you wish** and have the opportunity to get to know some of the new members. There will also be a **"NEW MEMBER"** table set up at each general meeting.

Corrections/Updates:

Mary Walton: 98 Whitlock Avenue NW Apt # 3418 / Marietta, GA 30064 / 678-504-7190
mwaltonfl@gmail.com

Joanne Raquet: 199 Dali Blvd. Unit #501 / St. Petersburg, FL 33701

Katherine Magrann: B-day – 12/14



Book Club News

Mary Braisted



Fall is here and many of our members will be returning from their summer hiatus. Our October meeting was very well attended and there was a lot of discussion on the very popular book, "Lessons in Chemistry". Our **November 14th** meeting will be held at Cathy Parks' house where we will eat our lunch and discuss "The Library Book". We will meet at **11:00 am (Please note the time change.)** Thanks, Cathy for hosting this meeting. It's going to be fun! On **December 12th** we are back at the club for our Christmas luncheon where we will discuss "The Storied Life of A.J. Fikry".

A new year is nearing and 2024 is looking like another good reading year. We have scheduled "Lady Tan's Circle of Women" for our **January 9th** meetup. Don't forget, some of the books that we have read are in the club library. Just look for the yellow dot on the spine. Our meetings are held at the club at 10:30 am on the second Tuesday of month (subject to change). Contact braisted636@gmail.com if you would like to join us.



VP Programs— Barbara Sundholm

Hard to believe it's October already! But looking back over the past few months, we have had some really awesome meetings! Huge props to Evelyn Nakelski and her Environment CSP group for an amazing program this month! Having an environmental expert from Duke Energy was pretty neat, but the added bonus of having a rescue and rehab person bring an American kestrel and an actual bald eagle was thrilling!! It's always good to find out about the companies and rescue organizations working in our area to protect our precious wildlife.

Thanks go out also to the ladies who participated in the beach cleanup. That kind of activity is at the very heart of what we want to accomplish with our Community Service Program. Plus, it's fun and you get to go to the beach!!

Just a reminder to all our CSP and committee leaders that you are responsible for tracking and reporting the hours for everyone participating in the activities or meetings you are in charge of. Basically you need to have a head count of the number of members attending and the amount of time the meeting or activity lasts. Figure in an average of travel time it takes for the members to arrive and get back home - it doesn't have to be exact, usually 15 or 20 minutes each way is a good average number. So, (meeting or activity duration + travel time) x the number of participants or attendees gives a fair accounting. Judy Hunt has volunteered to be our "time keeper" for the club, so you need to report to her. She has asked if you haven't done your 3rd quarter reporting, please do so as soon as possible. Fourth quarter hours should be given to her by the end of the year, which shouldn't be too difficult as club activities tend to taper off by then. Individual members should also report their personal hours and in kind donations they spend doing things for the club on their own.

I'd like to thank everyone for your time and dedication in helping our club to continue
#LivingTheVolunteerSpirit!!

Thought of the Month



"Thanksgiving Day is a good day to recommit our energies to giving thanks and just giving."

—Amy Grant



Evening News

Cindy Stokes & Eve Overby , Co-Chairpersons

The cooks are all lined up for our 3rd Mission Dinner of the year the weekend of **October 28-29**. We continue to enjoy this opportunity to help those in our community facing food insecurity and often homelessness. We also finalized the menu for our Greek Station at the Club fund-raiser. Everyone was willing to jump in and help with prep. It's definitely a team effort!

October signifies the start of Homecoming Season and Goodwill's Belle of the Ball Boutique is experiencing lots of activity from local high school and college students. Several of us volunteered to help young ladies find just the right dress. All the girls were shy at first and surprising reluctant to show their shoulders – but once they realized they had their pick of over 2500 dresses, in every color of the rainbow, a smile never left their faces. Oh what fun!! We will definitely volunteer there again and probably again!

We are all looking forward to being Silver Santas again this year. Better Living for Seniors Silver Santas program is hoping to deliver gifts to 1200 elderly low-income Pinellas County seniors living in assisted living, senior housing communities and at home this holiday season. Gift tags will be distributed at our November meeting. At that meeting we will also be collecting small, huggable stuffed animals for the Domestic Violence Response team of our St Petersburg Police Department.

Our next meeting will be **Tuesday, November 14th**.



Cute Cassidy



"Belle" Volunteers



Adorable Redhead

DOROTHY SHUMAN

727.542.7798 | KCDOROTHYS@GMAIL.COM
WWW.KCDOROTHY.COM



603 INDIAN ROCKS ROAD
BELLEAIR, FL 33756

1201 GULF BOULEVARD
INDIAN ROCKS BEACH, FL 33785

238 BEACH DRIVE NE
ST. PETERSBURG, FL 33701



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MLS



6730 22nd Ave N, Ste A | St. Petersburg, FL 33710



Social Events

Liz Pacheco, Chairperson; Arlene Smith, Assistant

Club Calendar

Friday, November 3, 2023 - There will be NO Friday Morning Board Games today due to our setting up the room for the Fundraiser tomorrow. However, you are welcome to come out and help. When we are finished, we most likely will go to lunch.

Friday, November 17, 7:00 pm. - Bunco, as usual - Just bring a snack to share and your own beverage. Please let me know if you plan to attend.

Sorry Ladies, there will be **no Ladies Night Out this month** due to Thanksgiving the day before. I figured you would be too full to go out to eat so soon. See you in December.

Liz Pacheco, Social Director
727-481-4821
lizpacheco20082446@gmail.com

Correspondence



Members, please update me on the well being of our members. A note or a call is a welcome thought to send to our friends and members.

Cfreeburg@tampabay.rr.com or 803-448-6700



Arts & Culture CSP

Mary Beattie, Chairperson; Assistant, Cheryl Martin

I would like to welcome the new members of the Committee: Mary Fletcher, Laura Daoud, Manjula Kemp and Jane Holloway. I know the breadth and depth of talent these women offer will be exciting and productive.

The GFWC Arts and Culture Community Service Program encourages members to promote and support arts activities in their club, schools and communities. It is designed to inspire clubwomen and ignite within them the desire to make their world a more beautiful place.

The goal is to create programs and projects that include music, literature, dance, drama, theatre, and other arts-related areas, both traditional and innovative, that cause the world around us to see and feel what they might have only once imagined.

Before you know it, our Club competition will be upon us. The dates for the competition will be January 10th and January 11th. Our Club meeting will be held on **January 12th** when the winners will be announced. For more information about categories and parameters for submissions please go to www.gwfc.org. You may also contact one of us on the Committee.

Enjoy your November!

Mary Beattie , Chair / Arts & Culture CSP



Fundraising

Gail Brazzell, VP; Dianne Johansen, Assistant

Ladies,

Just a reminder that our Annual Fundraiser "Dining around the World" is just two weeks away! There will be four ethnic food stations, entertainment and a silent auction. If you have not purchased your tickets yet, we'd like to tell you that our new website is LIVE! Because it is live, you can now reserve your place at our November 4th fundraiser, online, using a **credit card**. Don't wait! Seating is limited and tickets are going fast. Hope to see you there!

Gail, Donna & Dianne



GWFC ST. PETERSBURG WOMAN'S CLUB
FUNDRAISER

DINING AROUND THE WORLD

SATURDAY, NOVEMBER 4, 2023
6-8:30 PM

4 ETHNIC FOOD STATIONS

FUNDRAISER VP: GAIL BRAZZELL (RODORGAIL@AOL.COM)

ENTERTAINMENT BY: SPIFFS

ST. PETE INTERNATIONAL FOLK FESTIVAL

SILENT AUCTION DONATIONS

NOW SEEKING DONATIONS: UNDERWRITERS, SPONSORS,
PARTNERS, DONORS, BASKETS & GIFT CARDS

CONTACT CHAIRMAN: DONNA GUILLAUME

GUILLAUMEDONNA@GMAIL.COM OR 727-742-8577

\$50 1 FOOD STATION CHOICE*

\$75 INTERNATIONAL DINING EXPERIENCE (ALL)*

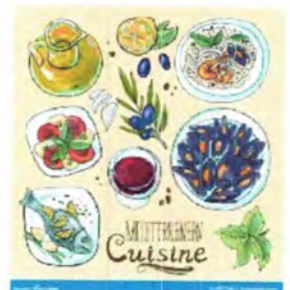
*FOOD CHOICES BASED ON AVAILABILITY

ADMISSION INCLUDES:

DINNER, ENTERTAINMENT, AUCTION

MAIL CHECKS TO: ST. PETERSBURG WOMAN'S CLUB
40 SNELL ISLE BOULEVARD NE
ST. PETERSBURG, FL. 33704

501(C)(3)





Health & Wellness CSP

Joyce Sterling, Chairperson; Jennie Jamison, Assistant



Qigong is a health practice that can reduce stress, build stamina, increase vitality, and enhance the immune system. Qigong uses easy gentle movements, breath techniques, and focused intention to enhance wellbeing, flexibility, and balance. People of all ages and fitness levels can practice Qigong and the movements can be done sitting or standing. Qigong is a prerequisite for studying Tai Chi, something we have talked about doing together.

Seminar attendees will get an understanding of the basics of Qigong as a part of Chinese Medicine and will learn short practices using movement, breath and acupressure to enhance health and vitality. The Harvard Medical School recommends

Qigong because it "can prevent or ease many of the ills of aging and could be the perfect activity for the rest of your life."

The seminar is lead by Joyce Lockwood, Acupuncture Physician/Doctor of Oriental Medicine (Retired), NCCAOM Dipl.Ac. (Emeritus), National Qigong Association Professional, Yoga Alliance RYT 500. Joyce studied Medical Qigong in China at the Chinese Taoist Medical Qigong Headquarters and is certified in the US through the Institute of Integral Qigong and has been teaching for over 20 years. Joyce and her husband live in Old Northeast.



If you want to try classes with Joyce before our seminar, sign up at thecollectivestpete.com and her class is Thursday mornings at 10:30 am.

Text Joyce Sterling at 425-802-1700 or Jennie Jamison 727-366-3121 to sign up.

When: Monday January 8, 2024

Time: 10-11:15 am

Cost: Free

Donation Requests

ENVIRONMENT CSP (contact Evelyn Nakelski for a more complete list)

- Canned Food and Treats in sealed containers
- Sheets, blankets and towels, cleaning supplies
- Collars, leashes, and dishes
- Chew toys and stuffed toys
- Pop tops from soda cans

EDUCATION & LIBRARIES CSP (Nita Deason)

- Box tops for Education (now done on line)
- Campbell Soup Labels
- Books for club library (Copyright 2010 -2022)
- Cereal for summer in May (large boxes)
- School supplies in September

CIVIC ENGAGEMENT CSP (Carol Tillis)

- Large Shampoo for Sallie House
- Soap /Body Wash for Sallie House ("Dove" needed for those with sensitive skin)
- Loose filling for pillows
- Toothpaste, toothbrushes, washcloths, combs
- Cotton quilting fabric, flannel fabric,

EVENING GROUP—for the Mission (contact Cindy Stokes or Eve Overby for more information)

- Toothpaste & toothbrushes
- Tampons/pads
- Disposable razors
- Soap and lotion
- New or gently used T-shirts (Large & X-Large); socks



Civic Engagement CSP

Carol Tillis, Chairperson

We make and collect charitable donations

Children's wish lists will be picked up from Sallie House and Brookwood soon. The lists will be placed into a stocking or backpack and will be distributed at our November 10th general meeting. Please be sure to pick up a stocking or backpack and sign the form. If there are any stockings or backpacks left over, then the Civic Engagement group has to either find someone to donate or purchase items themselves. So please pick up a wish list for some deserving child.

We continue to make quilts and neck and bone pillows for Hospice. Our new venture is making pillowcases for Ronald McDonald House. Also, Sallie House continues to need large bottles of shampoo and conditioner.

MILITARY HISTORY TRIVIA GAME!!

November 11th is Veterans' Day and at our regular meeting on the 10th we will be playing a military trivia game. The Civic Engagement group will pass around trivia question sheets for you to fill out. Just write your answer on the sheet. NO collaborating and NO using cell phones. The person with the most correct answers will get a prize! Ties will be settled by having another round of trivia questions. Brush up on your military history and have some fun. Good Luck! And don't forget to wear your red, white and blue!

OPERATIONS

Daily Operations

Linda Morgan, VP; Diane Dudley, Assistant

Most of you have seen the new gardens by now. We have worked hard to update all the plants as you walk up to the patio, timing everything so as not to interfere with our scheduled weddings. It is so nice to see everything fresh and new. Many of our plants were aging and not as healthy as they once were, and then with the saltwater flooding we had in the yard with Hurricane Idalia, that sealed their fate. We hope you enjoy them!

TECHNICAL VOLUNTEER NEEDED

We are looking for one or two volunteers to help with our very simple electronics used during meetings. The volunteer will have the full support of the board, and training on equipment. Call or text Linda at 727-251-0494

Tasks include:

- Turning on the microphone and Bluetooth
- Setting up projector equipment if needed
- Basic computer skills





Education & Libraries CSP

Nita Deason, Chairperson; Linda Traviesa, Assistant



Don't forget to check our club's library located just off our foyer. You may take home a book to read or donate a book or books with a copyright of 2015 or later. Just drop them in the orange box on the bottom shelf. Happy reading!

Come Watch Kids Have Fun While Helping Worthy Cause

First *SPWC Volunteer Coalition* Group Event, December 13, 2023

Judy Hunt, Chairperson

The *Bill Edwards Foundation for the Arts* sponsors a program, *Class Acts*, to foster in children a passion for the arts by offering festivals entitled **BAMI** (Books, Art, & Music). The *SPWC Volunteer Coalition* will participate in the "*Holiday Traditions Field Trip*" on **December 13, 2023**, from 10:00 am through 1:30 pm. As the foundation describes it, "Students in grades K-6 delve into diverse cultures through arts and crafts. Engage in hands-on activities representing different holiday traditions, and enjoy a lively musical performance. Discover, create, and celebrate the richness of global holiday customs in a fun-filled educational event."

The program's director, Katrina Young, advises that they can use our help distributing things to the children (books, lunch, supplies, and so forth) at this event. You can sign up to participate by emailing Judy Hunt at judy-hunt@outlook.com or calling or texting her at 727-215-6951. We need to report to Katrina by 5:00 pm, Monday, December 11, 2023, the number and names of volunteers attending so that they can prepare badges for us. Please participate in this fun and rewarding volunteer opportunity. You can explore the *Class Acts* program at www.mahaffeyclassacts.org.

As a reminder, the *SPWC Volunteer Coalition* needs to identify Club members who donate time to non-profit and civic organizations in our community. *SPWC* is eligible for cash awards and honors based upon its members' volunteer activities if the activity is "sponsored" by the Club and if in any capacity it is related to the Club's Community Service Programs, *Arts & Culture, Civic Engagement & Outreach, Education & Libraries, Environment, and Health & Wellness*. The Coalition was formed on September 15, 2023, so *SPWC* can count any volunteer hours contributed after that date.

If you volunteer in any capacity at all (i.e.: hospital, thrift shop, school, clinic, food bank) please contact Judy Hunt and she will sign you up as a member of the *SPWC Volunteer Coalition*. Your only obligation as a coalition member is to report your community volunteer hours.

Early each year, we will have a celebration at the clubhouse to honor those Club members who provided exceptional service to our community during the prior year. This social event will be sponsored by the Coalition, and we promise that it will be a lot of fun. So please sign up to be a member of the *SPWC Volunteer Coalition*. Help *SPWC* shine brightly, as the star that it already is.

Photo Gallery

On October 14th several members of the club traveled to Orlando to participate in the GFWC Fall Convention. On that same day, several others helped with the Pinellas Beach Cleanup day.



L-R—Barbara Sundholm, Judy Cuniff, Cathy Allen, and Evelyn Nakelski,



L-R—Evelyn Nakelski, Cathy Allen, and Barbara Sundholm bringing a Food Donation



Judy Cuniff & Evelyn Nakelski with Jr Club President Erica Martin



Judy Cuniff receiving her nomination for the Jennie Award

Photo Gallery



A little face time: Evelyn & Judy with
Laura Connelly



Josephine Spinelli & her husband, Evelyn
Nakelski, Marianne Snyder & Donna Dugan

Club Calendar

Friday, November 10: Club Day Meeting at 1pm. Hosted by Civic Engagement CSP Board of Directors & CSP chairs elected

Every Monday at 2 pm: Mahjongg.

Every Wednesday at 1 pm: Hands on projects with Civic Engagement

Twice a month on Fridays at 1:00: Bridge

Every first Friday at 10 am: Games followed by lunch on the town

Every second Tuesday at 7 pm: Evening group

Every third Friday at 7 pm: Bunco

Last Friday of the month: Ladies Night Out

Dates are subject to change if needs arise.
Contact Social Director Liz Pacheco for more info.

GFWC

St. Petersburg Woman's Club
40 Snell Isle Boulevard NE
St. Petersburg, FL 33704

CLUB NEWSLETTER November 2023



Mondays: 2-4 pm

Come play Mahjongg—
no experience needed



2nd Tuesday at 7 pm

The next Evening Group will meet on **Nov 14**. Contact Cindy Stokes or Eve Overby for more information

Fridays at 7 pm

The next Bunco will be on **Nov 17**. Contact Liz Pacheco if you plan to attend



Nov 05—Joyce Sterling
Nov 11—Annette McComas
Nov 13—Laura Daoud
Nov 14—Carol Paton
Nov 14—Maggie Reed
Nov 14—Dawn Reid
Nov 16—Jeanne Nissenbaum
Nov 17—Lauren Connor
Nov 21—Sondra Ames
Nov 21—Holly Tutun
Nov 22—Sue Crawford
Nov 23—Elizabeth Hammer
Nov 24—Norma Allen
Nov 24—Eileen Spony
Nov 25—Tyler Kornatowski
Nov 29—Carol Westervelt
Nov 29—Jill Whelpley
Nov 30—Barbara Montanari

Dec 01—Mary Beattie
Dec 03—Cindy Stokes
Dec 05—Antoinette Corey
Dec 06—Julie Hall
Dec 06—Celia Ryan
Dec 07—Lisa Zamanillo
Dec 10—Joanne Raquet
Dec 11—Marjorie Joiner
Dec 12—Suzanne Chesser
Dec 14—Katharine Magrann
Dec 14—Carole Pope
Dec 18—Dorothy Shuman
Dec 18—Pat Wiand
Dec 21—Patricia Kelly
Dec 24—Carol Howard
Dec 25—Carol Tillis
Dec 29—Louise Choate
Dec 29—Petra Urban
Dec 30—Teresa Hartley
Dec 31—Deborah Burke
Dec 31—Lynne Hensley

Jan 01—Sarah Osterholt
Jan 09—Audrey Baria
Jan 09—Colette Florido
Jan 10—Jane Graham
Jan 12—Pat Hayes
Jan 13—Helen Bennett
Jan 14—Janet Kaplan
Jan 14—Monica Taylor
Jan 14—Diane Dudley
Jan 15—Barbara Kirk
Jan 16—Mary Palumbo
Jan 21—Margit Smith
Jan 31—Nancy Westphal

